

Experimental investigation and analysis of human femur Implant in hemiarthroplasty for equivalent stress during walking and stumbling conditions for PEEK, CFR-PEEK and Ti-6Al-4V materials

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Abstract: The fatigue and wear analysis of femur implant in hip hemiarthroplasty plays substantial role in estimating the life of implant and in selection of idea material. This study comprises modeling and finite element analysis of femur head, which is utilized in hip hemiarthroplasty. The materials utilized in analysis are polyether-ether-ketone (PEEK), carbon-fiber-reinforced polyether-ether-ketone (CFR-PEEK) and titanium alloy (Ti-6Al-4V), the dynamic loading under the human activities as walking barefoot, stumbling. The FEA was performed in ANSYS Workbench 19.2 and modeling was carried out on SolidWorks 2021. The S-N curves were utilized for the fatigue life estimation and modified Archard's law was utilized for accounting the wear depth per year. The result obtained from FEA were equivalent stress, contact pressure and sliding distance for all materials and activities. After observing the results, it is concluded that the CFR PEEK is ideal for the femur head under all activities and the higher stresses and contact pressures were generated under stumbling activity. The approximated life of the CFR PEEK material femur head was 10 years, after that it is required to be changed or replaced for smooth functionality.

Keywords: Hemiarthroplasty, Femur Implant, Fatigue Analysis, Wear Analysis.

1. Introduction

Extensive research is being performed on the application of the cobalt chromium molybdenum (CoCrMo) and ultra-high molecular weight polyethylene (UHMWPE) materials in the hip arthroplasty for enhancing the fatigue life and reducing the wear. Researchers have investigated the biocompatibility of the surface engineered Ti6Al4V material femoral heads utilized as hip implants. It is discovered that the femoral heads have lower life and changing them overtime is traumatizing for the patients (specifically patients with old age). There biocompatibility is investigated with respect to wear, corrosion and fatigue resistance. The effect of the surface treatment on the fatigue life and wear resistance is also investigated. It was concluded that the surface treatment substantially improved the wear, corrosion and fatigue resistance of the femoral heads [1]–[6]. In a study, the assessment of fatigue life of cemented hip prosthesis is carried out through finite element approach based on three-dimensional scanned data. The three-dimensional scanned data was utilized of the modelling of the hip prosthesis. The fatigue life of the hip implant components till crack initiation and loosening were studied through finite element analysis. The concentration of high tensile stresses was discovered in the region of crack initiation. This can also be employed by other researchers for assessing the fatigue life of the femoral head and hip prosthesis components [7]–[12]. In a study, hip joint implant consisting CoCr alloy

backing and UHMWPE acetabular cup is analyzed for estimating the wear through utilizing modified Archard's law. The finite element analysis was carried out in ANSYS 18.0. the body weights were varied for the analysis, which results in to varying loads. After analyzing different combinations of materials for backing and acetabular cup, it was discovered that the high stresses were found in CoCr alloy backing and UHMWPE acetabular cup [13]–[18]. The hip hemiarthroplasty comprises the femur head as implant material and acetabulum cup is the original cortical bone. In case of total hip arthroplasty the acetabulum cup also comprises different implant material and sometime need liner between the femur head and acetabulum cup [19]–[25]. The difference between the hemiarthroplasty and total arthroplasty is shown in **Figure 1**.

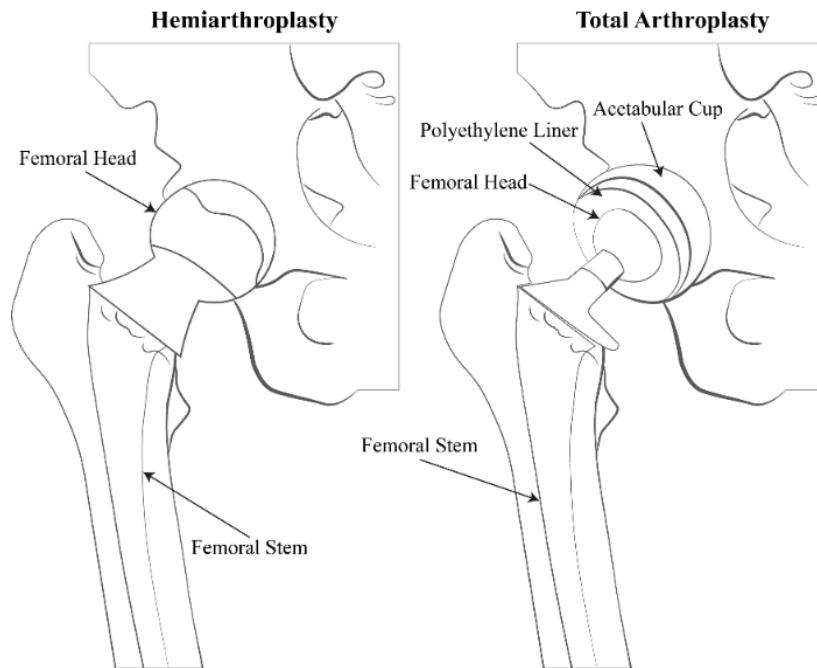


Fig 1: Hemiarthroplasty and total arthroplasty with femur prothesis.

The polyether-ether-ketone (PEEK) is polymer material, which comprises substantial biocompatibility and is lighter in weight. It is extensively applied as dental, hip or other prothesis implants. In a study, a review is carried out on the biocompatibility and utilization of PEEK in removable or fixed prothesis. It was discovered that the PEEK comprises mechanical properties nearer to bone and comprises significant biocompatibility. They were found to be better material for dental implant as comparable to titanium alloys [26]–[32]. Researchers have examined the properties of the cortical bone through ultrasound assessment. The outcomes comprise better understanding of the bone fragility and assessing its properties. It was discovered the recent technologies utilized for assessing the cortical bone properties are lacking accuracy and can just measure the thickness and bulk wave velocities of bone [33]–[39]. In a study, the utilization of the PEEK and CFR PEEK material as replacement to UHMWPE in case of total knee replacement is examined experimentally. The wear in the PEEK and CFR PEEK material is investigated with respect to knee replacement and compared with UHMWPE. The wear rates obtained in the PEEK and CFR PEEK materials were higher than UHMWPE under same operation. The experimentation simulation was carried out through pin-on-plate method or experiment. It was discovered that the PEEK and CFR PEEK materials comprises lower life as comparable to UHMWPE, but can be applied as replacement in high-conformity designs [40]–[45]. In a study, the Ti-6Al-4V extra low interstitials alloy utilized as total hip replacement implant is examined for the fatigue and fracture strength through FEM. The stem neck was concentrated in this study, as the lesser the thickness, the lower structural integrity. The five different model with different neck thickness were utilized for performing the FEM. The stress-strain and fatigue crack growth were assessed through finite element method (FEM) and extended (XFEM). It was discovered that the stress intensity was higher at the neck region and the model with 9 mm more thickness with

respect to original one has higher fatigue strength. It was also discovered that the reverse engineered 3D model was more efficient in modelling the implant [46]–[52].

2. Finite Element Analysis (FEA)

The hip joint is simulated in ANSYS Workbench 19.2 commercial package and the FEA is performed. The modeling of the 3D model is carried out in SolidWorks 2021, which is shown in **Figure2**. The material properties along with the S-N curve data is utilized for the dynamic fatigue analysis. The loads for the activities walking, stumbling, is utilized as dynamic loading for replicating the loading during these activities on the femur head. Further, the boundary conditions are applied for constraining the mathematical model. The meshing is applied with respect to element size for optimum aspect ratio. The Von Mises (Equivalent) stress, total deformation, contact pressure and sliding distances are evaluated for each material and each activity through the FEA. The time required for the solution was 35 min with 16Gb ram and 2.3 GHz processor.

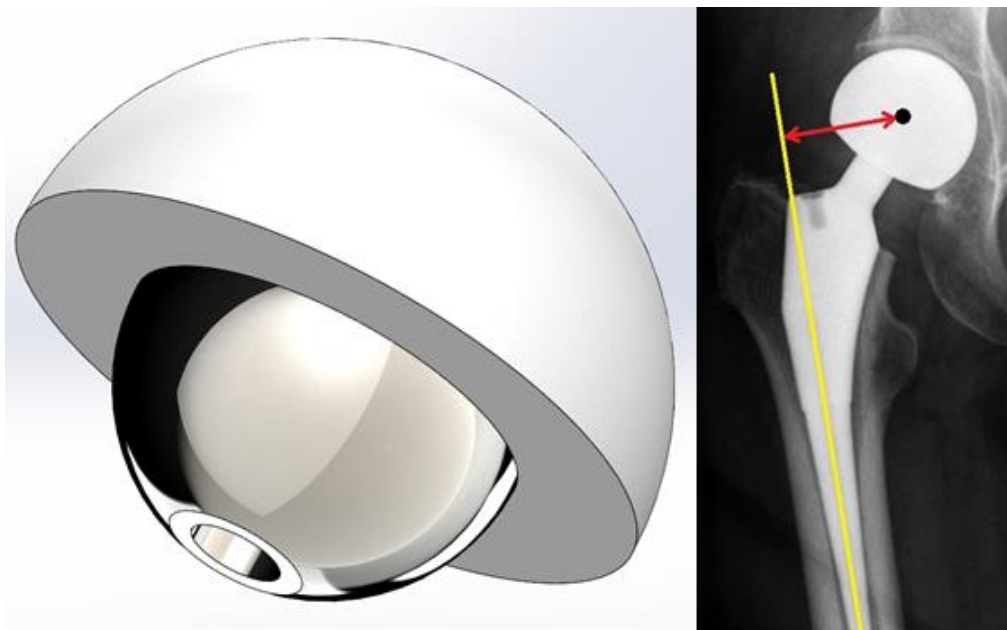


Fig 2: Hip hemiarthroplasty implant 3D model.

3. Material Properties

The materials utilized for the femur head prosthesis in this study are polyether ether ketone (PEEK), carbon-fiber-reinforced polyether ether ketone (CFR-PEEK) and Ti-6Al-4V titanium alloy. The acetabulum is the cortical bone of the hip, as the arthroplasty is considered in this study is hip hemiarthroplasty. The properties of all the materials utilized in this study are given in **Table1**. The properties of the cortical bone are adopted from the studies comprising the assessment of properties of the bone in healthy and deceased condition [33], [53]. The PEEK and CFR PEEK materials have similar properties with a significant difference, there properties are adopted from the studies comprising there applications and experimentation evaluation for biocompatibility [26], [40], [54]. The properties of titanium alloy are referred from the studies comprising its fatigue, wear and tribological properties assessment for hip implant [46], [55]–[57].

Table 1: PEEK, CFR PEEK and titanium alloy properties.

Property	Value	Unit
Cortical Bone		
Density	2	g/cm ³
Isotropic Elasticity		
Young's Modulus	14000	MPa
Poisson's Ratio	0.4	
Bulk Modulus	2.3333E+04	MPa
Shear Modulus	5E+03	MPa
Tensile Yield Strength	104	MPa
Tensile Ultimate Strength	150	MPa
PEEK		
Density	1.3	g/cm ³
Isotropic Elasticity		
Young's Modulus	4000	MPa
Poisson's Ratio	0.32	
Bulk Modulus	3.7037E+03	MPa
Shear Modulus	1.5152E+03	MPa
Tensile Yield Strength	80	MPa
Tensile Ultimate Strength	120	MPa
CFR PEEK		
Density	1.4	Kg/m ³
Isotropic Elasticity		
Young's Modulus	18000	MPa
Poisson's Ratio	0.32	
Bulk Modulus	1.6667E+04	MPa
Shear Modulus	6.8182E+03	MPa
Tensile Yield Strength	120	MPa
Tensile Ultimate Strength	160	MPa
Ti-6Al-4V		
Density	4.512	g/cm ³
Isotropic Elasticity		
Young's Modulus	1.1E+05	MPa
Poisson's Ratio	0.32	
Bulk Modulus	1.0185E+05	MPa
Shear Modulus	4.1667E+04	MPa
Tensile Yield Strength	800	MPa
Tensile Ultimate Strength	800	MPa

The Wohler S-N diagram comprises the graph of stress versus number of cycles to failure, this diagram is tested through several methods and is dissimilar with respect to materials. This graph is a log-log plot of the stresses with respect to number of cycles. The S-N curve comprises an event where the curve gets flatten, that stress is known as endurance limit. Endurance limit means under this stress the life of the component is infinite. The S-N data for the cortical bone is adopted from the study comprising the fatigue analysis of human cortical bone through rotating cantilever fatigue tests [58]. The S-N graph of the cortical bone material is shown in **Figure3**. The S-N data for the PEEK and CFR PEEK is adopted from the study comprising the fatigue analysis of notched samples of PEEK and CFR PEEK under tension loading through fractographic analysis [59]. The S-N graph of the PEEK and CFR PEEK material is shown in **Figure4**. The S-N data for the titanium alloy (Ti-6Al-4V) is adopted from the study comprising the fatigue analysis of hip transplant stem with Ti-6Al-4V and cobalt-chromium alloy materials [60]. The S-N graph of the titanium alloy (Ti-6Al-4V) material is shown in **Figure5**.

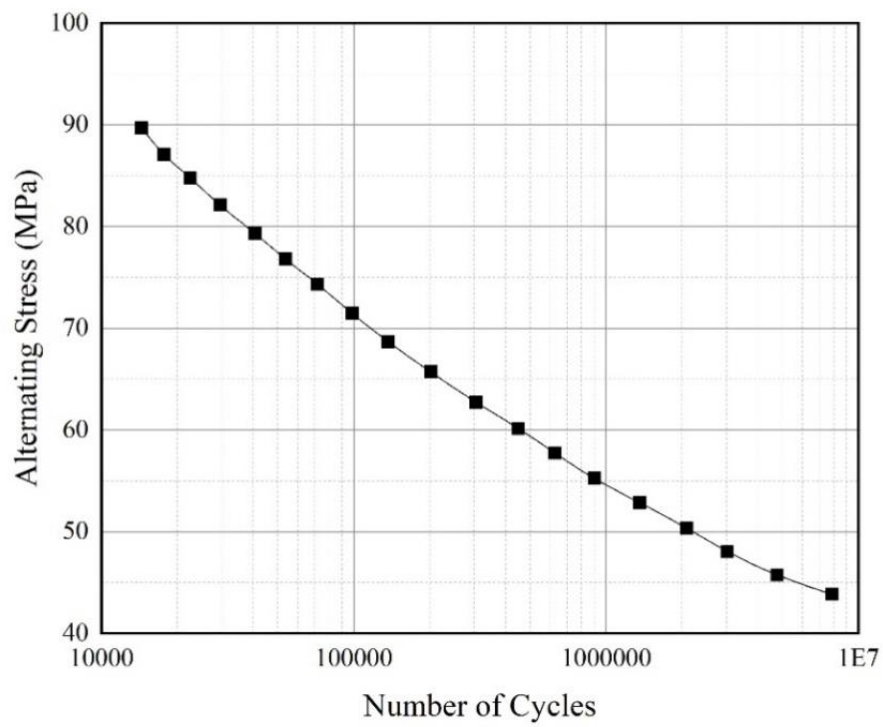


Fig 3: Alternating Stress Vs number of cycles graph of cortical bone.[59]

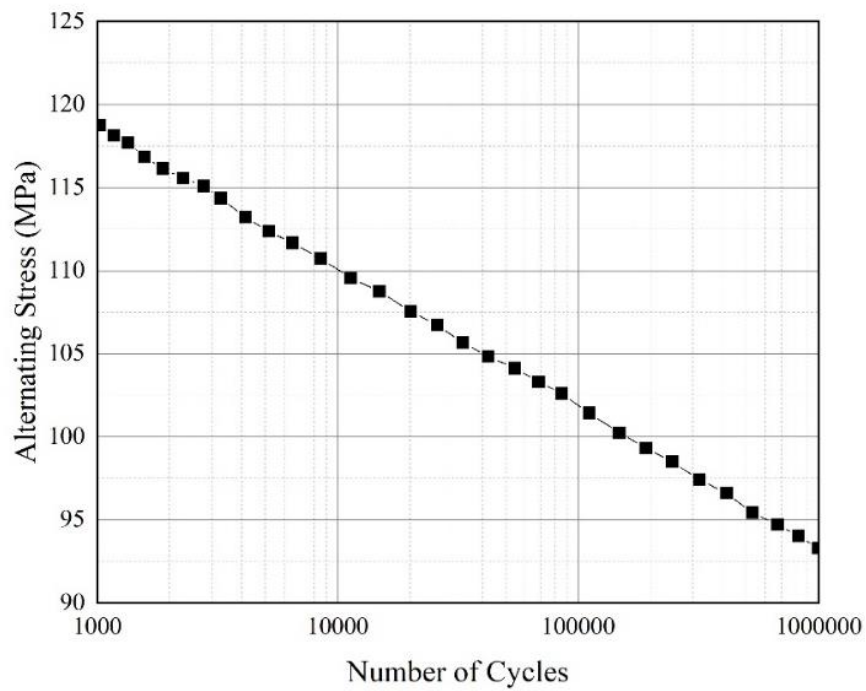


Fig 4: Alternating Stress Vs number of cycles graph of PEEK and CFR PEEK.[59]

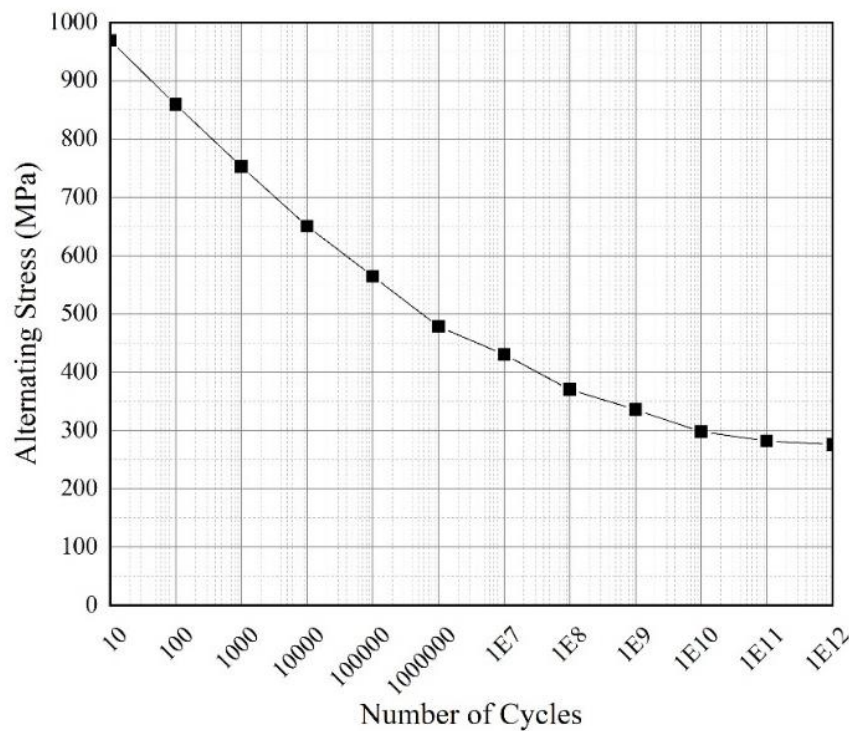


Fig 5: Alternating Stress Vs number of cycles graph of titanium alloy.[60]

4. Loads and Boundary Conditions

The activities considered for dynamic analysis in this study are walking bare foot, stumbling. The loads acting on the femur head during these activities are adopted from the study comprising the load analysis of weight and different activities on the hip joint and femur head [61]–[65]. The dynamic force applied on the femur head X, Y and Z direction with respect to time during walking activity is shown in **Figure6**. The dynamic force applied on the femur head X, Y and Z direction with respect to time during stumbling activity is shown in **Figure7**.

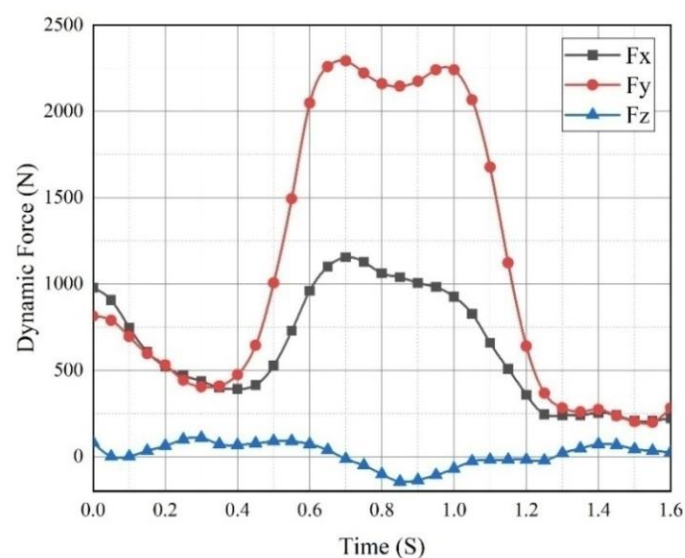


Fig 6: Dynamic force in X, Y and Z directions with respect to time for walking barefoot activity.[63]

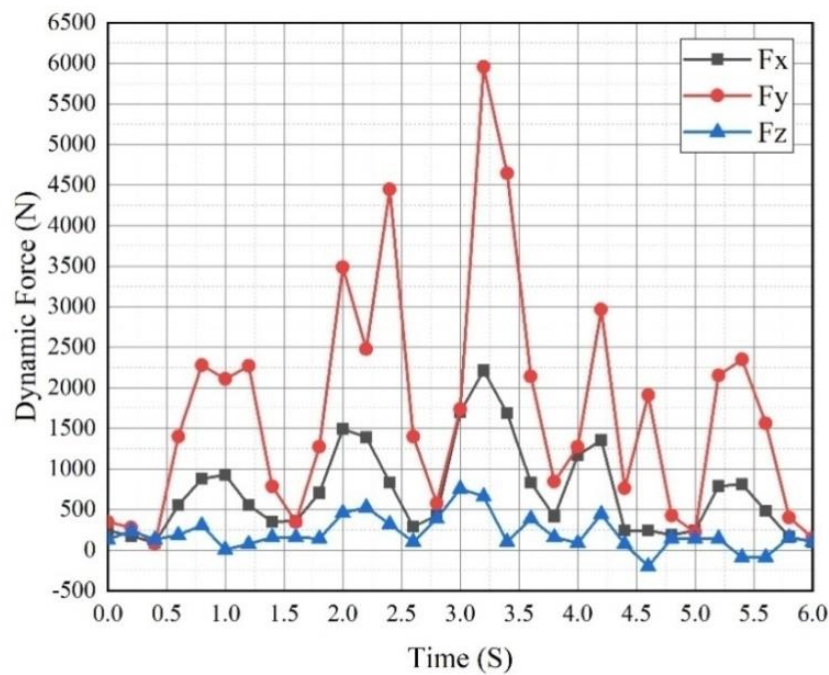


Fig 7: Dynamic force in X, Y and Z directions with respect to time for stumbling activity.[63]

The boundary conditions applied for the FEA are fixed acetabulum and force is applied on the femur head, where the stem is connected to it. The material assignment for the acetabulum is kept constant as cortical bone material and the femur head material assignments is change with PEEK, CFR PEEK and titanium alloy. The boundary conditions are shown in **Figure8**. The contact surface between the acetabulum and the femur head is hemispherical and assigned with friction coefficient as 0.1, as the friction between them is minimal due lubricant in vivo operation. The contact surface assignment as frictional contact is shown in **Figure 9**.

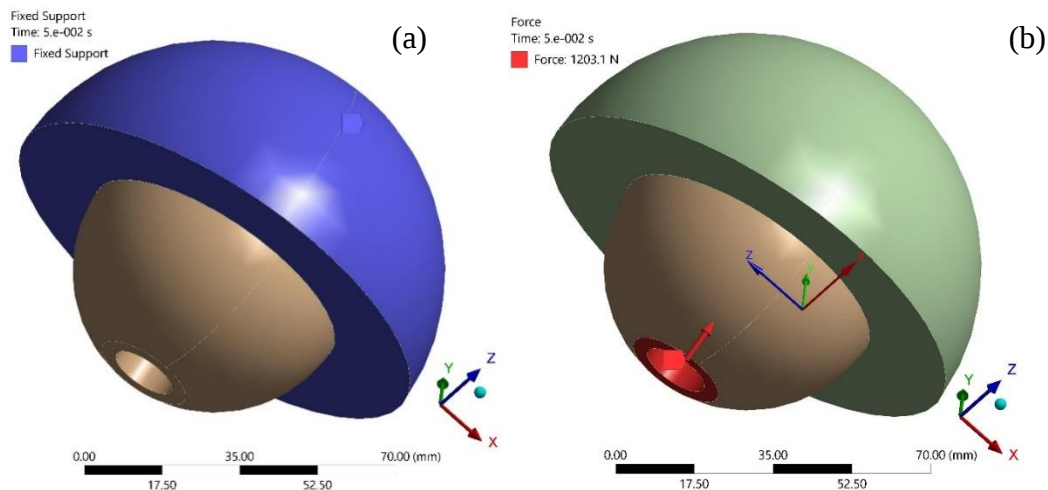


Fig 8: Boundary conditions (a) Fixed support, and (b) Dynamic force application.

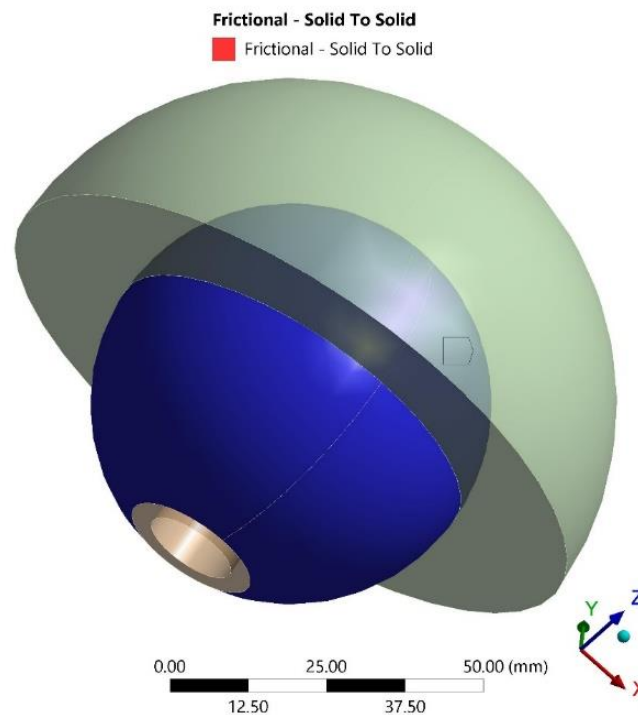


Fig 9: Frictional contact between femur head and acetabulum.

5. FEA Results

5.1. Equivalent Stress

The results obtained from the FEA comprise the equivalent stress, the maximum equivalent stress obtained for walking activity at 1.6 s time for material PEEK, CFR PEEK and Ti-6Al-4V are 11.502, 13.188 and 11.329 MPa respectively, which is shown in **Figure10**. The maximum equivalent stress obtained during the walking activity for PEEK, CFR PEEK and Ti-6Al-4V are 13.216, 14.839 and 12.922 MPa respectively, which is shown in **Figure 11**. The maximum equivalent stress occurred during the walking activity for PEEK, CFR PEEK and Ti-6Al-4V were at time 1.05, 1 and 1 s respectively. Similarly, the minimum equivalent stress obtained during the walking activity for PEEK, CFR PEEK and Ti-6Al-4V are 1.6747, 3.7543 and 4.6244MPa respectively, and were occurred at time 0.35, 0.3 and 0.5 s respectively.

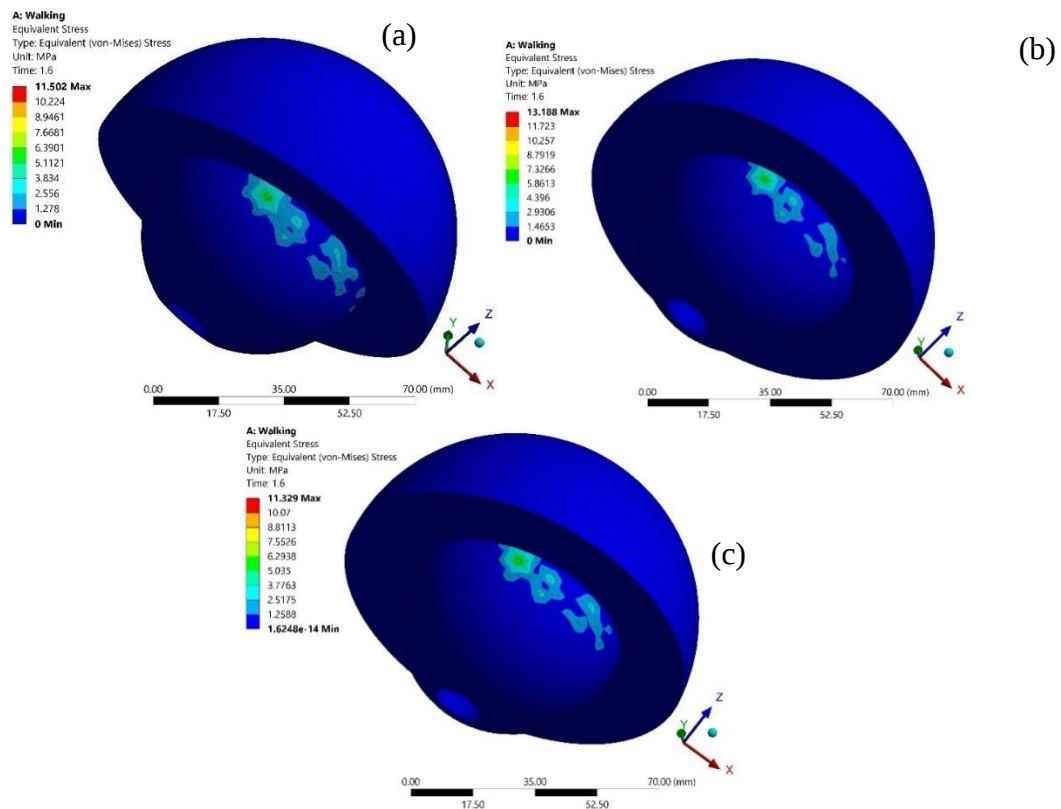


Fig 10: Equivalent stress during walking activity for (a) PEEK, (b) CFR PEEK and (c) Ti-6Al-4V.

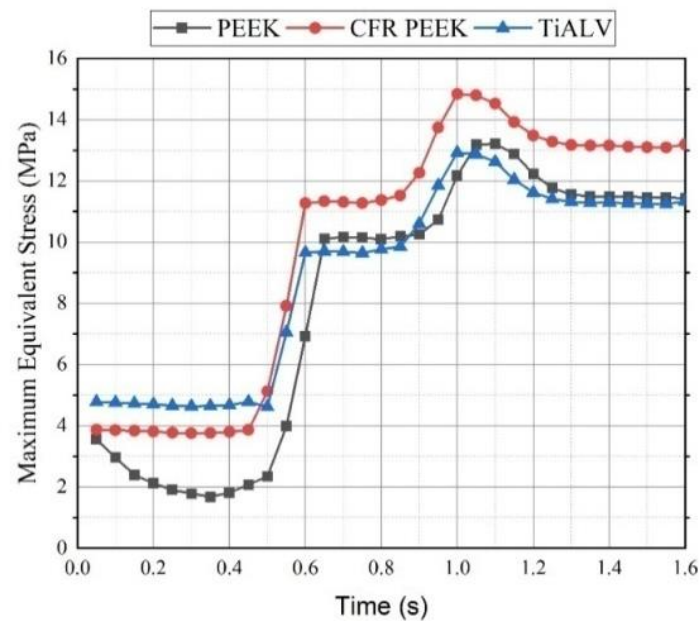


Fig 11: Equivalent stress with respect to time during walking activity for PEEK, CFR PEEK and Ti-6Al-4V.

The maximum equivalent stress obtained for stumbling activity at 6s time for material PEEK. CFR PEEK and Ti-6Al-4V are 250.83, 92 and 243.09 MPa respectively, which is shown in **Figure 12**. The maximum equivalent stress obtained during the stumbling activity for PEEK, CFR PEEK and Ti-6Al-4V are 257.5, 104.95 and 85.693 MPa respectively, which is shown in **Figure 13**. The maximum equivalent stress occurred during the stumbling activity for PEEK, CFR PEEK and Ti-6Al-4V were at time 3.2 s. Similarly, the minimum equivalent

stress obtained during the stumbling activity for PEEK, CFR PEEK and Ti-6Al-4V are 3.2954, 2.4563 and 1.7914 MPa respectively, and were occurred at time 0.4 s.

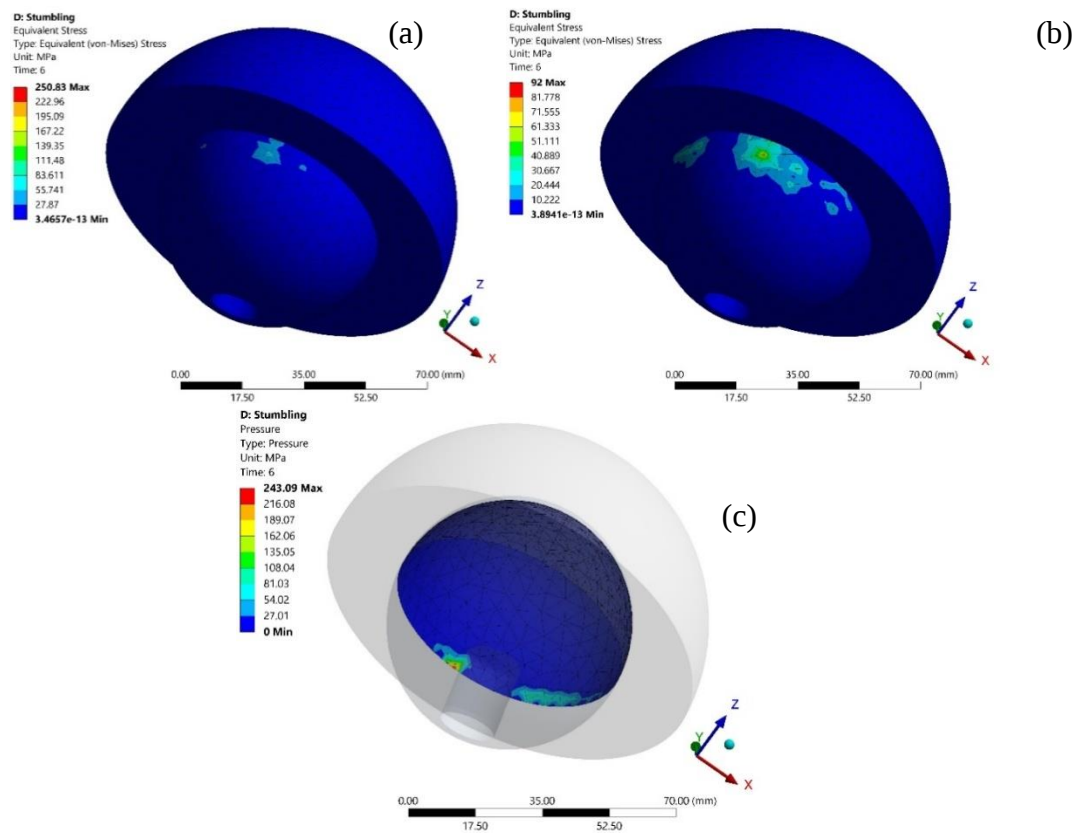


Fig 82: Equivalent stress during stumbling activity for (a) PEEK, (b) CFR PEEK and (c) Ti-6Al-4V.

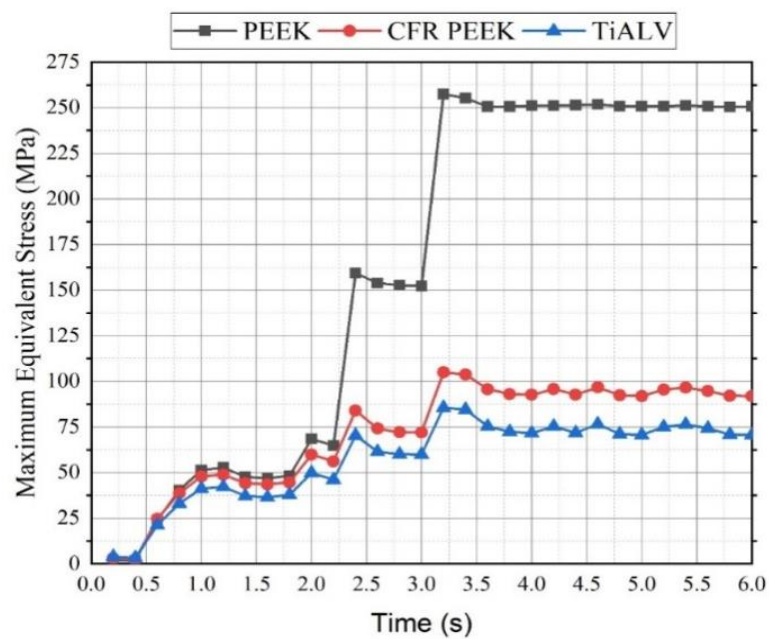


Fig 93: Equivalent stress with respect to time during stumbling activity for PEEK, CFR PEEK and Ti-6Al-4V.

6. Fatigue Analysis

The fatigue analysis comprises utilization of the S-N curves for the calculation of the life of the femur head in cycles with respect to different material assignment. The estimation of the fatigue life consists the calculation of mean stress (σ_m) and alternating stress (σ_a), which are calculated through following formula:

$$\sigma_m = 0.5(\sigma_{\max} + \sigma_{\min})$$

$$\sigma_a = 0.5(\sigma_{\max} - \sigma_{\min})$$

Where, σ_m is mean stress,
 σ_a is alternating stress,
 $\sigma_{\max}$ is maximum stress
and $\sigma_{\min}$ is minimum stress.

Table 2: The mean and alternating stress with respect to activities and materials.

Activity	Material	Mean Stress (MPa)	Alternating Stress (Mpa)
Walking	PEEK	7.44535	5.77065
	CFR PEEK	9.29665	5.54235
	Ti-6Al-4V	8.7732	4.1488
Stumbling	PEEK	129.646	127.854
	CFR PEEK	53.7032	51.2469
	Ti-6Al-4V	44.4942	41.1988

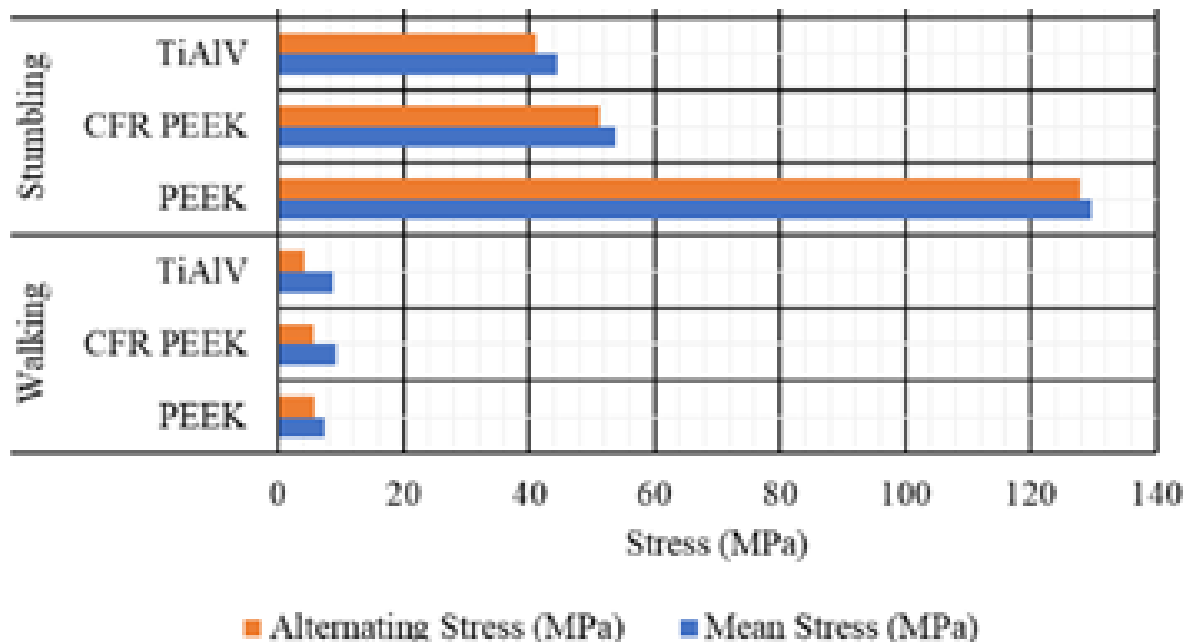


Fig 14: Alternating and mean stress with respect to activities and materials.

7. Wear Analysis

The undesirable material loss from the surface of any body is known as wear. The wear in case of prosthesis is affected through several parameters, such as contact status, contact pressure, sliding distance and surface or tribological properties of the body. The wear behavior in case of plastic sliding on metal, this type of

wear comprises three stages namely wear-in period, steady state period and severe wear period. The wear-in period consists shearing of plastic material and production of wear debris. In steady state period, this wear debris forms layer between the interface of contact and wear is in form of adhesion in the surfaces. The severe wear is also known as fatigue wear, which causes when the contact stress is higher than the yield strength of the material [66]–[76]. For the purpose of estimation, the wear rate many models were developed, but the Archard's law is utilized in this study for the estimation wear behavior and mechanism [77]–[79]. The following equation is utilized for estimating the wear [80]:

$$V = K_w S P_n$$

Where, the V is total volume of wear generated,

K_w is wear coefficient,

S is sliding distance

and P_n is normal pressure.

The above equation clearly defines that the wear is correlated to the material properties and the motion. The wear depth and contact surface vary with the motion in case of femoral head and acetabular, the Archard's equation is required to be modified in incremental form:

$$\begin{aligned} dV &= \Delta A dh = K_w \times \sigma \times \Delta A \times ds \\ dh &= K_w \times \sigma \times ds \end{aligned}$$

Where, dV is increment of wear volume,

ΔA is infinitesimal contact area,

K_w is wear coefficient,

dh is infinitesimal wear depth,

ds is infinitesimal sliding distance

and σ is normal contact stresses.

The K_w is wear coefficient, which is function of material properties and counter face roughness and can be calculated through experimentation. The value of the wear coefficient is adopted from pin on disk experiment [81]–[82] and it is $3.5E-07 \text{ mm}^3/\text{Nm}$. Further the sliding distance is estimated through utilizing the walking cycle analysis. The walking cycle comprises the motion like the hip flexion, extension, adduction, abduction and rotation internally or externally. The highest contribution of the motion in the walking cycle is of flexion and extension motion as comparable to other motions. The reduction in the angle of the anterior surfaces of bones is caused by the flexion and it also known as folding crusade. The straightening involved in the flexion is known as extension. The angle of flexion and extension the half walking cycle are 23° and 17° respectively and in case of full walking cycle the joint has rotation of total 80° . In this study, the radius of femur head is considered to be 32 mm.

$$\begin{aligned} \text{Total hip rotation in single cycle} &= 80^\circ = 1.396 \text{ radians} \\ \text{Sliding Distance (ds)} &= \text{Head Radius} \times \text{Rotation Angle} \\ &= 32 \times 1.396 = 44.672 \text{ mm} \\ &= 44.672 \text{ E-03 m} \end{aligned}$$

Through utilizing the Archard's law, the wear depth is calculated as:

$$\begin{aligned} \text{Wear Depth (dh)} &= K_w \times \sigma \times ds \\ &= 3.5E-07 \times \sigma \times 44.672E-03 \end{aligned}$$

Table 3: Wear depth and life in years with respect to activities and materials.

Activity	Material	Maximum Contact Pressure (MPa)	Wear Depth (mm/year)	Life in year
Walking	PEEK	12.5136	0.195653	10.2
	CFR PEEK	14.355	0.224443	9
	Ti-6Al-4V	12.4803	0.195132	10.2
Stumbling	PEEK	261.306	4.085572	0.5
	CFR PEEK	99.513	1.555906	1.2
	Ti-6Al-4V	79.743	1.246798	1.6

The wear depths for each activity with respect to material is calculated through wear depth equation, these obtained values are presented in **Table. 3**. If the average walking cycle considered as 1000000 (one million) steps (cycles) are taken by a human. The obtained wear depths are converted in mm per year and presented in **Table. 3**. The maximum allowable wear in this study is considered as 2 mm, as more than this can affect the functionality of the transplant causing noises while walking. Finally, through wear depth and allowable wear the life of the respective materials assigned and activities, the life in years is calculated and presented in **Table. 3**.

8. Discussions

The results obtained from the FEA are tabulated in **Table. 4**, where the maximum equivalent stress, sliding distance, contact pressure and minimum equivalent stress with respect to activities and materials is observed. It is discovered that in walking activity the maximum equivalent stress, minimum equivalent stress and maximum contact pressure for CFR PEEK is higher than other materials, but the maximum sliding distance for PEEK is higher than others. In case of stumbling activity, it is observed that the maximum equivalent stress for PEEK, minimum equivalent stress for Ti-6Al-4V, maximum contact pressure for PEEK and maximum sliding distance for PEEK is higher as compared with other materials. The highest stress and contact pressure is obtained in stumbling activity for PEEK material as comparable to other materials, which can be seen in **Figure15**.

Table 4: The maximum equivalent stress, sliding distance, contact pressure and minimum equivalent stress with respect to activities and materials.

Activity	Material	Maximum Equivalent Stress (MPa)	Minimum Equivalent Stress (MPa)	Maximum Contact Pressure (MPa)	Maximum Sliding Distance (mm)
Walking	PEEK	13.216	1.6747	12.5136	78.271
	CFR PEEK	14.839	3.7543	14.355	20.024
	Ti-6Al-4V	12.922	4.6244	12.4803	13.712
Stumbling	PEEK	257.5	1.7914	261.306	505.25
	CFR PEEK	104.95	2.4563	99.513	161.45
	Ti-6Al-4V	85.693	3.2954	79.743	122.64

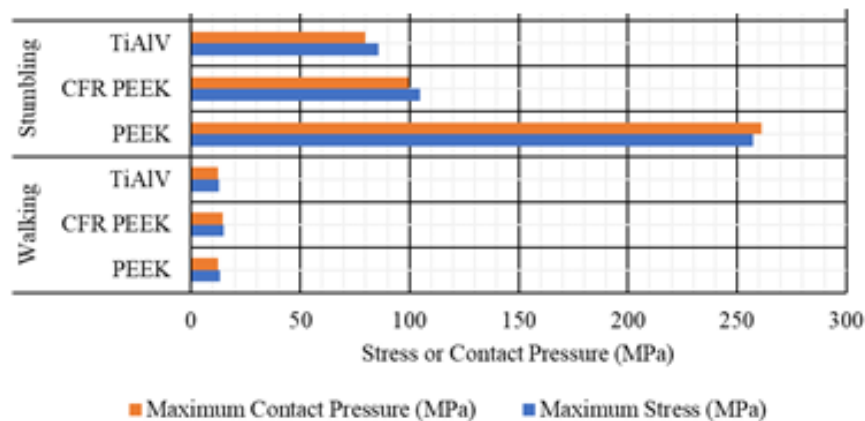


Fig 15: The maximum equivalent stress and contact pressure with respect to activities and materials.

9. Conclusion

In this study the wear and fatigue analysis are performed on the femur head with respect to three materials and four activities. Initially the femur head with 32 mm diameter is modeled and analyzed dynamically with respect to S-N curve, material data and dynamic loads. The numerical analysis is carried for the wear and fatigue life estimation. Some of the key observations are listed below:

- It is discovered that the CFR PEEK material comprises lower life with wear analysis and higher with respect fatigue analysis.
- The highest total deformation is obtained for PEEK material under stumbling activity loading.
- The highest equivalent stress and contact pressure is obtained for PEEK material under stumbling activity loading.
- The equivalent stress and contact pressure were moderate for CFR PEEK material under all activities.
- The equivalent stress and contact pressure were lower for Ti-6Al-4V material under all activities.
- The life obtained with respect to allowable wear depth is higher for Ti-6Al-4V material under all activities.
- The life obtained with respect to allowable wear depth is lower for CFR PEEK material under all activities.
- The life obtained with respect to allowable wear depth is moderate for PEEK material under all activities.

After observing all the outcomes some conclusions are obtained, which are listed below:

- The material ideal for femur head is CFR PEEK, after considering the fatigue and wear depth life, and also the weight to strength ratio.
- The stress and contact pressure are higher under the stumbling activity loading.
- The average life for the femur head with CFR PEEK material, after observing all the outcomes under all activities is approximately 10 years.

The method performed in this study can further utilized for estimating the significant and most ideal material for the femur head implant or other prothesis.

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